2026 African Open Championships

Africa - Women's Up to 79 kg

FRI 22 MAY 2026 @ 12:05

Final Results

BEST

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Group	Attempts 1	Attempts 2	Attempts 3	Attempts PL	Best Lift	Rank E	Rank R	Rank NG	Rank L
1	FERDINARD Rita	66086	NGR	11 SEP 1995	78.0	A	140	141	148	154	154	1			
3	HASSAN Safaa	52059	EGY	14 JUL 1986	78.0	A	130	135	138		138	2			
5	NJUGUNA Joyce Wambui	22760	KEN	17 APR 1976	76.4	A	102	~~104~~	106		106	3			1
8	MEDJMEDJ Nadia	2587	ALG	20 MAR 1974	78.0	B	75	79	~~84~~		79	4			2
6	BELARBI Nacera	9669	ALG	25 NOV 1966	77.6	A	70	75	79		79	5			3

MS for this Bodyweight Category: 64 kg Elite

50 kg Legend

New Records

[-79 kg] 154 kg FERDINARD Rita NGR AF

LEGEND

E	Elite	**L**	Legend	**Lot No.**	Lot Number	**NG**	Next Gen
R	Rookie						
~~**183.5**~~	indicates an unsuccessful lift at that weight						

EASY SPORT