2026 African Open Championships

World Para Powerlifting

Africa - Women's Up to 55 kg

THU 21 MAY 2026 @ 12:05

Final Results

BEST

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Group	Attempts				Best Lift	Rank			
							1	2	3	PL		E	R	NG	L
2	RAMADAN Nawal	19278	EGY	08 APR 1992	54.6	A	115	121	123		123	1			
1	OYEMA Esther	13888	NGR	10 APR 1982	53.4	A	~~120~~	~~122~~	122		122	2			
3	HAMOUICH Meryem	53541	MAR	23 AUG 1992	51.8	A	86	~~91~~	91		91	3			
6	BEWI Mazoulmani	59853	TOG	24 AUG 1993	50.1	A	~~75~~	75	~~80~~		75	4			
7	LAMIA Adra	23398	ALG	05 AUG 1986	53.6	A	52	56	60		60	5			
5	OUATTARA Awa	49793	CIV	15 JAN 1989	0.0	A	DSQ								

MS for this Bodyweight Category: 59 kg Elite

LEGEND

E	Elite	**L**	Legend	**Lot No.**	Lot Number	**NG**	Next Gen
R	Rookie						

~~**183.5**~~ indicates an unsuccessful lift at that weight

EASY SPORT