2026 African Open Championships

Open - Women's Up to 45 kg

THU 21 MAY 2026 @ 12:05

Final Results

BEST

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Group	Attempts 1	2	3	PL	Best Lift	Rank E	R	NG	L
1	OGUNDOLIE Tolulope	66088	NGR	09 DEC 1990	43.2	A	102	106	109		109	1			
2	KARIUKI Hellen Wawira	29141	KEN	15 APR 1992	43.8	A	105	107	~~109~~		107	2			
3	EL AZZAB Wafae	33874	MAR	24 JAN 1984	44.4	A	103	106	~~108~~		106	3			
6	SOLODUKHINA Alina	39661	KAZ	01 JAN 1994	44.0	A	95	99	~~101~~		99	4			
4	MOUSSAOUI Sabrina	39393	ALG	15 JUN 1996	43.8	A	70	74	78		78	5			
5	NGARE Rahab	52176	KEN	12 JUL 1991	44.2	A	60	65	~~68~~		65	6			

MS for this Bodyweight Category: 48 kg Elite

LEGEND

E	Elite	**L**	Legend	**Lot No.**	Lot Number	**NG**	Next Gen
R	Rookie						
~~**183.5**~~	indicates an unsuccessful lift at that weight						

EASY SPORT