



Start List

WR	-55 kg	135 kg	AHMED Rehab	EGY	22 JUN 2024	Tbilisi (GEO)
LWR	-55 kg	120 kg	PODPALNAIA Tamara	RUS	12 OCT 2025	Cairo (EGY)
AF	-55 kg	135 kg	AHMED Rehab	EGY	22 JUN 2024	Tbilisi (GEO)
AR	-55 kg	132 kg	XIAO Jinping	CHN	05 MAR 2024	Dubai (UAE)
LAR	-55 kg	106 kg	Minimum Standard	WPPO		

Lot No.	Name	SDMS No.	NPC Code	Date of birth	Age Group	Body Weight	Rack Height	Attempts				Best Lift	Rank
								1	2	3	PL		
7	LAMIA Adra	23398	ALG	1986-08-05	E	53.6	10	50					
6	BEWI Mazoulmani	59853	TOG	1993-08-24	E	50.1	14	75					
3	HAMOUICH Meryem	53541	MAR	1992-08-23	E	51.8	4	86					
4	MOHAMMADIAN S. Ma	58553	IRI	1981-02-07	L	54.8	12	95					
2	RAMADAN Nawal	19278	EGY	1992-04-08	E	54.6	12	115					
1	OYEMA Esther	13888	NGR	1982-04-10	E	53.4	12	120					
5	OUATTARA Awa	49793	CIV	1989-01-15	E	DSQ							

LEGEND

AF	Elite African Record	AR	Elite Asian Record	E	Elite	L	Legend
LAR	Legend Asian Record	LWR	Legend World Record	Lot No.	Lot Number	WR	Elite World Record